

ROANE COUNTY MIDDLE/ELEMENTARY SCHOOLS

JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 NO SCHOOL	2 COOKS CHOICE	3 COOKS CHOICE	4 COOKS CHOICE
7 French Toast Sticks Chicken Tenders Mac & Cheese Carrot Sticks Peach Cup Milk	8 Ham/Cheese McMuffin Bacon Cheeseburger French Fries Mixed Fruit Cookie Milk	9 Pancakes Mamwich Sloppy Joes Cheesy Hashbrowns Strawberry Cup Diced Pears Milk	10 Chicken Slider Creamed Chicken Texas Toast Mashed Potatoes Banana/Cookie Milk	11 Pancake Wrap Pepperoni Roll Chip Variety Celery Sticks Applesauce Cup Milk
14 Cinnamon Roll Bread. Chicken Sandwich Chip Variety Carrot Sticks Mixed Fruit Ice Cream Cup Milk	15 Sausage Biscuit Hot Dog & Sauce Tater Tots Peaches Cookie Milk	16 Waffles Beef-a-Roni Garden Salad Applesauce Cup Garlic Bread Stick Milk	17 Ham/Cheese McMuffin Sausage Links Cheese Omelet Hash Browns Cinnamon Roll Banana Milk	18 Breakfast Pizza Chicken & Noodles Grilled Cheese Green Beans Fruit Juice Bar Cookie Milk
21 NO SCHOOL	22 Danish/Donuts Individual Pizza Chip Variety Carrot Sticks Pears Milk	23 Chicken Slider Soft/Hard Tacos Lettuce/Tomato/Cheese Refried Beans Doritos Banana Milk	24 Sausage Biscuit Fish Sticks Mac & Cheese Celery Sticks Fruit Juice Bar Milk	25 Pancake Wrap Chicken Club Sandwich Lettuce/Tomato/Bacon French Fries Mixed Fruit Cookie Milk
28 Raspberry Churro Chicken Nuggets Waffles Sweet Potato Fries Banana Milk	29 Cinnamon Roll Chicken Alfredo Green Beans Mixed Fruit Garlic Bread Stick Milk	30 Breakfast Pizza Salisbury Steak Mashed Potatoes Applesauce Cup Hot Roll/Cookie Milk	31 French Toast Sticks McRib Sandwich Cheesy Hashbrowns Fruit Cup Cookie Milk	

Menu subject to change-any menu changes will be posted at the individual school

Cooks Choice- check with individual school for that day