

# ROANE COUNTY MIDDLE/ELEMENTARY

SEPTEMBER

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|--|---|---|---|
| 2<br><br>NO SCHOOL   | 3<br>Breakfast Pizza Bagel<br><br>Ham/Turkey Sub<br>Lettuce/Tomato<br>Tater Tots<br>Strawberry Slushie<br>Brownie<br>Milk      | 4<br>Sausage/Egg Taquito<br><br>Pepperoni Roll<br>Cheese Stick<br>Carrot Sticks<br>Chip Variety<br>Fruit/Rice Krispie<br>Milk | 5<br>Sausage Biscuit<br><br>Grilled Chicken Nuggets<br>Mac & Cheese<br>Green Beans<br>Fruit<br>Milk         | 6<br>Cinnamon Roll<br><br>Salisbury Steak<br>Mashed Potatoes/Gravy<br>Fruit<br>Dinner Roll<br>Milk          |
| 9<br>Breakfast Calzone<br><br>Breaded Chicken Sand.<br>Lettuce/Tomato<br>French Fries<br>Fruit/Ice Cream Cup<br>Milk | 10<br>Belgium Waffle<br><br>Hot Dog & Sauce<br>Baked Beans<br>Fruit<br>Chip Variety<br>Milk                                    | 11<br>French Toast Stick<br><br>Chicken Alfredo<br>Green Beans<br>Garlic Bread<br>Fruit<br>Cookie<br>Milk                     | 12<br>Chicken Biscuit<br><br>French Bread Pizza<br>Carrot Sticks<br>Chip Variety<br>Fruit<br>Milk           | 13<br>Pancake on Stick<br><br>Fried Chicken<br>Mashed Potatoes/Gravy<br>Fruit<br>Dinner Roll/Cookie<br>Milk |
| 16<br>Breakfast Pizza<br><br>Bread. Turkey Sandwich<br>Lettuce/Tomato<br>Tater Tots<br>Fruit/Cookie<br>Milk          | 17<br>Cinn/Blueberry Bread<br><br>Chicken Noodle Soup<br>Grilled Cheese/Crackers<br>Carrot Sticks<br>Blue Rasp Slushie<br>Milk | 18<br>Apple Breadstick<br><br>Beef Soft Tacos<br>Lettuce/Tomato/Cheese<br>Black Beans & Corn<br>Doritos/Fruit<br>Milk         | 19<br>Breakfast Burrito<br><br>Cheese Calzone & Sauce<br>Broccoli & Cheese<br>Chip Variety<br>Fruit<br>Milk | 20<br>Pancake on Stick  |
| 23<br>Breakfast Pizza Bagel<br><br>Beefaroni<br>Green Beans<br>Banana<br>Garlic Bread<br>Ice Cream Sandwich<br>Milk  | 24<br>French Toast Stick<br><br>Bacon Cheeseburger<br>Lettuce/Tomato<br>Tater Tots<br>Orange Wedges<br>Milk                    | 25<br>Belgium Waffle<br><br>Pepperoni Roll<br>Cheese Stick<br>Carrot Sticks<br>Chip Variety<br>Fruit/Rice Krispie<br>Milk     | 26<br>Chicken Biscuit<br><br>Corn Dog<br>Mac & Cheese<br>Carrot Sticks<br>Fruit<br>Milk                     | 27<br>Pancake on Stick<br><br>Chicken Fritters<br>Mashed Potatoes/Gravy<br>Fruit<br>Dinner Roll<br>Milk     |
| 30<br>Sausage Biscuit  |  |   | Fruit, juice, yogurt, milk,<br>cereal offered every day<br>for breakfast                                    | Garden Bar offered as<br>extra every day  |

Menu subject to change